STED COUNCIL®

An Autonomous Organisation ® NGO under NCT, New Delhi, Govt. of India





We hereby certify that

M/s. AADIGURU YOGA SCIENCE & INDIAN HEALTH MEDITATION ACADEMY

Dehradun Dist., Utrakhand (INDIA)

is an Authorised Training Centre of STED COUNCIL as per the rules & regulations stipulated by the authority.



October 31, 2021

Date of renewal



Chairman/President STED-COUNCIL / स्टेड कौणसिल



846/UKD/20



Miss. Yogacharya Bharti Licensee/Centre Head



सैन्टिफिक आन्ट टेकनिक्कल एजकेशन डेवलपमेन्ट कौणसिल

Constituted, Incorporated as an Autonomous Body and a National Level Organisation Since 2005 under Registration Act XXI of 1860, Govt. of National Capital Territory of Delhi. Established for Development of Education under the Guidelines of National Education Policy 1986, and Program of Action 1992 by MHRD, Government of India.

राष्ट्रीय राजद्यानी क्षेत्र नई दिल्ली, भारत सरकार

Course Approval/Sanction Letter 2020-'21

APPROVAL DEPT. > > ATC CODE: 846/UKD/20 October 27, 2020

STED COUNCIL acknowledges the list of courses to be conducted/trained in the academic year 2020-2021. The ATC is permitted only to conduct those courses mentioned below with approved syllabus, duration & eligibility.

- 01. Certificate in Ayurveda & Panchakarma (SSLC 1 Month)
- 02. Certificate in Foundation for Yoga Prepration (SSLC 3 Months)
- 03. Yoga Vidya (Plus 2 6 Months)
- 04. Diploma in Advanced Yoga (Plus 2 1 Year)
- 05. Yoga Teacher's Training (Plus 2 1 Year)
- 06. Diploma in Ayurveda & Panchakarma Therapy (Plus 2 -1 Year)
- 07. Diploma in Meditation (Indian Health Meditation) (Plus 2-1 Year)

through M/s. Aadiguru Yoga Science & Indian Health Meditation Academy, Dehradun, Utrakhand, India has been approved and valid upto 31st October 2021.

The courses shall be conducted with proper curriculum and should follow strict training and examination. You are obliged to obey all the rules and regulations stipulated by the STED COUNCIL authority.





Authority Signatory स्टेड कौणसिल / परीक्षा के केन्द्रीय बोर्ड Central Administrative Office, Kerala, S.India